



Summary of Personal Growth

Name _____

Date _____

*"Through wisdom is an house builded; and by understanding it is established:
and by knowledge shall the chambers be filled with all precious and pleasant riches" (Proverbs 24:3-4).*

This form is a tool to encourage students to achieve their personal disciplines and spiritual goals. Just as "iron sharpeneth iron", so we are to hold one another accountable and "exhort one another daily" to develop these disciplines and goals in our lives so that we may be found faithful to the reputation of Christ.

Directions: Students should evaluate their attitudes and behavior by circling the appropriate numbers after each statement. Parents may then evaluate their son or daughter on this same form, using squares to "encircle" the appropriate numbers. The student's strengths and flaws in discipline and character should then be discussed and direction given for steps toward growth.

Explanation of the evaluation scale

..... <u>Never</u>	<u>Rarely</u>	<u>Sometimes</u>	<u>Often</u>	<u>Consistently</u>
1	2	3	4	5

FAITH—The blueprint of God's principles: "Through wisdom is an house builded . . ."—Renewing your mind

<u>Personal Devotion Disciplines</u>		<u>Scripture memorized</u>
Meditates on Scripture; receives insights	1 2 3 4 5	Daily memorizes God's Word
Wakes up in a timely fashion, rising early	1 2 3 4 5	Daily studies God's Word
Maintains daily prayer discipline	1 2 3 4 5	Fasts regularly
Studies and applies the Principles of Life	1 2 3 4 5	Honor's the Lord's day

VIRTUE—Separation from evil; applying God's principles: ". . . By understanding it is established . . ."—Submitting your will

<u>Evidence of Applying Basic Principles</u>		<u>Personal Hygiene Disciplines:</u>
Has a grateful attitude (<i>Design</i>)	1 2 3 4 5	Maintains an orderly personal living area
Has a clear conscience void of offense (<i>Responsibility</i>)	1 2 3 4 5	(clean dresser tops/ surface areas)
Has a bright, victorious countenance (<i>Freedom</i>)	1 2 3 4 5	Faithfully performs chores well
Heart turned towards your father? (<i>Authority</i>)	1 2 3 4 5	(approx. 1/2 hour per day)
Has a gentle (vs. angry) spirit? (<i>Ownership</i>)	1 2 3 4 5	Neat personal appearance
Forgives and is at peace with others (<i>Suffering</i>)	1 2 3 4 5	(Clean and appropriate attire)
Shares Rhema of God with others (<i>Success</i>)	1 2 3 4 5	Daily aerobic exercise
<u>Personal Commitments:</u>		Participates with meal prep
Has a courtship spirit vs dating spirit	1 2 3 4 5	Chooses nutritional food for self
Listens to Godly music vs. indiscreet listening	1 2 3 4 5	Receives a proper amount of sleep

KNOWLEDGE—Awareness of God intervening in one's life: ". . . By knowledge shall the chambers be filled . . ."

<i>"Study to show thyself approved untoi God" II Timothy 2:15</i>		<u>Direct your emotions towards God</u>
Word of God: Relates "testimonies of the Lord" to present circumstances	1 2 3 4 5	
Ways of God: Interprets difficult circumstances as character classrooms	1 2 3 4 5	
Works of God: Uses analogies to discover God in His Creation	1 2 3 4 5	
Participates actively in family devotions	1 2 3 4 5	

SELF-CONTROL—Power over natural appetite: "Chambers be filled with precious . . . riches."—Pressure makes diamonds and rubies

Energy Taker (1), Energy Waster (3), Energy Giver (5)	1 2 3 4 5	Contributes to morale vs. folly
Speaks Truth vs. talebearing or complaining	1 2 3 4 5	Uses free time productively
Is punctual	1 2 3 4 5	Has a quiet spirit vs. anxious

ENDURANCE—Steadfastness in trials and tests: ". . . precious . . . riches."—The refiner's fire produces precious gold and silver

Responds properly to offending situations and people	1 2 3 4 5
Shows ability to stand alone for right/resists peer pressure	1 2 3 4 5
Receives correction and has a teachable spirit	1 2 3 4 5

GODLINESS—Humility: ". . . Pleasant riches."—The peaceable fruit of righteousness

Humbles self before others and confesses faults	1 2 3 4 5	Joyful, bright attitude and smile
Is at peace and in harmony with family members	1 2 3 4 5	Esteems others higher than self

BROTHERLY KINDNESS—*Philadelphia*—Being a friend and a brother; Fellowship: "Pleasant riches."—Taking one another's burdens

Comforts others who are going through trials	1 2 3 4 5	Encourages and prays for others
Reaches out and includes others	1 2 3 4 5	Volunteers assistance to others
Has a servant's spirit vs. wanting others to serve	1 2 3 4 5	Cleans up after others

CHARITY—*Agape*—Giving to others what they need, not what they want: ". . . Pleasant riches."—Faithful are the wounds of a friend

Lovingly and gently corrects "blind spots" of friends	1 2 3 4 5
Participated in ministry outreach opportunities this month	(location) _____

Student signature _____ Parent signature _____ Consultant signature _____